



FRFA Level 2

Emergency First Aid at Work

Adam Williamson

has successfully completed a programme of training in accordance with currently accepted first-aid practice and is awarded this certificate for the purposes of complying with the requirements of the Health & Safety (First-Aid) Regulations 1981

Content

In accordance with Appendix 6 H&S (First-Aid) Regulations 1981

- The role of the first aider
- Importance of preventing cross infection
- The need for recording incidents and actions
- Use of available equipment
- Assessing the situation & act safely in an emergency
- Administer Cardio Pulmonary Resuscitation
- Safe use of an Automated External Defibrillator
- Administer first aid to a casualty who is:
 - unconscious (including seizures)
 - choking
 - wounded or bleeding
 - suffering from shock
- Provide appropriate first aid for Minor Injuries (small cuts, grazes, bruises, minor burns, scalds & small splinters)

Commencement date: **3rd January 2018**

Expiry/Renewal date: **2nd January 2021**

Certificate ID: **69969**

Authorised Signatories:

 Lee Painter | Training & Quality Manager

 Bill Curtis | Chief Executive